

AUTUMN TERM ■ ISSUE 1 ■ FRIDAY 6 SEPTEMBER 2024



Dear Parents and Carers

It is my privilege to welcome you all back to Lothersdale Primary School, at the start of this new academic year. We have had a fantastic first week as we have welcomed new starters, begun new learning, settled into new classes and adopted new routines. We are exceptionally proud of all the children who have returned to school with enthusiasm, an eagerness to try their best and a determination to succeed as they approach the new school year.

We are delighted to welcome all our new children into school and hope that they, and their families, have a very happy and successful time during their years at Lothersdale Primary School. These children are:

Reception : Pixie, Ozzy, Na'Amah, Betsy, Tilly, William, Odin, Martha, Rae, Ella, Jessica, Joshua, Annie, Eddie and Adia

Year 1 : Elliot

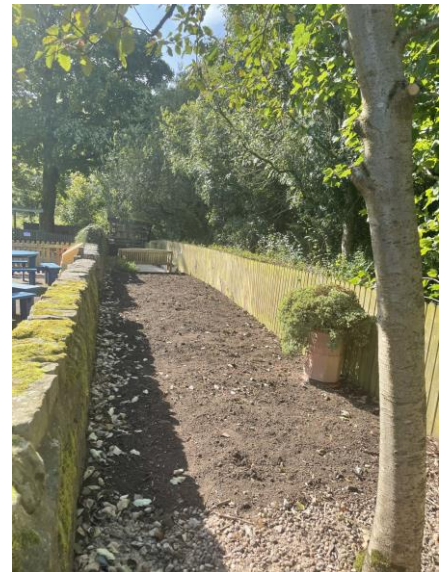
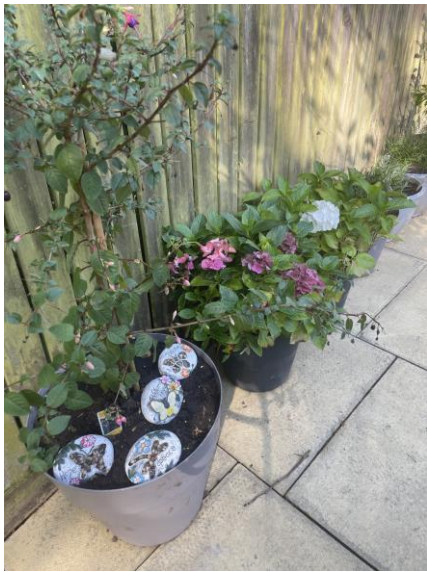
On Monday 9 September, your class teacher will send your child home with a curriculum information pack. This will include: a class curriculum overview for this half term, a class newsletter, statutory spelling list, and science and geography core knowledge organisers (please use these to quiz your child on their learning). This information will be sent to you at the start of each half term. Should you have any questions regarding the curriculum, please do not hesitate to speak to myself or your child's class teacher.

Over the summer, we have been exceptionally busy making improvements to our school environment, and I am delighted to share some of the exciting updates with you.

One of the most remarkable transformations has been the complete renovation of our Early Years Foundation Stage (EYFS) area. It is now an absolutely stunning space, featuring a nature hide, sensory play opportunities, and high-quality enhanced provision areas. There is also a beautiful nature mural that perfectly complements the new space. A heartfelt thanks goes to our wonderful LSA for raising the vital funds to enable this project and to Steph Jefferies and Tim Mileusnic, whose incredible designs and hard work have made this innovative and inspiring area a reality. It is sure to ignite the imaginations of our youngest learners! Photographs of the full space will be shared soon, once it is fully completed.

We are also extremely grateful to Gemma Allen and her family for their fantastic work in transforming the memory garden and vegetable plot. If you haven't already had the chance, I encourage you to take a look the next time you are in the playground.

The garden is now home to a range of bird- and butterfly-friendly plants, creating a peaceful and beautiful space for reflection and exploration. You may notice a patch of earth in the middle of the garden—keep your eyes peeled in the coming weeks, as we have something exciting in store that may involve some feathered friends!



Another significant update is the transformation of the staffroom. This newly renovated space has truly evolved into a communal area we can all be proud of. It will serve as a fantastic environment for meetings, hosting guests, and delivering interventions for our children. Equally important, the calm and inviting atmosphere will offer staff a place to retreat and recharge, greatly supporting our collective wellbeing. I would like to extend a special thank you to Anna Chapman for her tremendous help in supporting with the project management of this renovation, along with Lee Chapman for installing the kitchen, Rob Baldwin for sorting the plumbing, Steve Boy for assisting with demolition, and Karin at Little TLC Decorations in Lothersdale for her beautiful decorating work. What a team effort—thank you all for your dedication!



I feel incredibly fortunate to be part of such a strong and supportive school community, where the commitment of staff, governors, parents, and volunteers enables us to provide the best possible environment for our children to grow and thrive.

Looking ahead to the Autumn term, I will be sharing the school development priorities with parents, so you can stay informed about our plans for improvement. There will also be an opportunity to attend a parent workshop to find out more, with dates to follow soon. This term, we will be focusing on several key areas: curriculum development, further improvements to the school environment, and the introduction of our new 'Lothersdale Learning for Life' curriculum. This curriculum will be a cornerstone of our approach, and I look forward to disseminating further information on it soon.

As we move forward into this academic year, we have much to look forward to, and I know it will be a year filled with learning, growth, and many wonderful memories.

Here's to another fantastic year at Lothersdale Primary School!

MRS MELANIE TYSON
Headteacher



Well done to all our children who have had a fantastic week settling into our school routines. We are proud of you all!

Our Lothersdale Legend awards will start next week.

DEADLINES & REMINDERS *It would be really helpful if requested reply slips/payments etc. could be completed/paid by the stated deadlines to enable us to process the paperwork effectively this week. Thank you.*

W/c 9 September 2024

- Mon** - Extended Schools Activities start
- Additional Learning Sessions start
- LSA Annual General Meeting at 7:00pm in school (*see below*) – everyone is welcome
- Tue** - Individual Pupil Photographs ~ 1:15pm
- Thu** - Winston Plowes visit pm (poet in residence)
- Deadline for online consent for the KS2 Cross Country event at South Craven (see below)
- Fri** - Class 3 swimming lesson

EXTENDED SCHOOLS ACTIVITIES ~ AUTUMN TERM 2024				
Monday	Tuesday	Wednesday	Thursday	Friday
Running Club 3.15 to 4.15pm	Dodgeball 3.15 to 4.15pm	Book Club 3.15 to 4.15pm	Supersports 3.15 to 4.15pm	Football 3.15 to 4.15pm
Soccer Tots 3.15 to 4.15pm	-	Construction Club 3.15 to 4.15pm	Young Voices Choir 3.15 to 4.15pm	-

The member of staff/activity provider will bring the children out to the playground at the end of each session to ensure a safe handover to parents/carers

Extended School Provision refers to services delivered by schools that go beyond the core function of the classroom education of children within the normal school day. Lothersdale Primary School offers these activities to children attending the school, which are run by staff or external providers. Parents/Carers must be available to collect children promptly at the end of each activity as most providers need to leave on time for other appointments. Please note that if you need **after school childcare**, this is provided by Lothersdale Out of School Club which is run independently from the school.

ADDITIONAL LEARNING SESSIONS				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Class 4 READING PLUS 8.20 to 8.45am	Year 3 & Year 4 READING PLUS 8.20 to 8.45am	Class 4 READING PLUS 8.20 to 8.45am	Year 3 & Year 4 READING PLUS 8.20 to 8.45am	Class 4 READING PLUS 8.20 to 8.45am
-	-	Year 4 TIMES TABLES 8.20 to 8.45am	-	-

These clubs are for selected groups or pupils. All pupils attending these clubs must be registered for safeguarding and health & safety reasons. **Please note: the sessions start promptly at 8:20am so that children can complete the relevant tasks without disruption from any late arrivals. Late arrivals beyond 8:25am will not be able to attend the session. In this instance, please ensure that your child is supervised until the start of the school day. Many thanks for your support.**

HEALTH & SAFETY REMINDERS

FOOD ALLERGY WARNING ~ NUT FREE ZONE



Just to remind parents/carers at the beginning of the new school year that we do have a number of children in school with an allergy to nuts and one child with a severe allergy to peanuts. The school is now a nut free zone and we would ask that you ensure any nuts or products containing nuts are not brought into school. This is particularly important if your child is bringing a pack up into school. Thank you for keeping our children safe!

BEFORE SCHOOL

Please note that school registration is at 8.45am in class and children should be in school at this time. Members of staff will be on the school playground from 8.40am to direct all children into school ready for morning registration. If you arrive at school earlier, please supervise children accordingly until a member of staff is present. ***Please note that vehicle access to the school playground is required up until 8.30am and therefore no-one should be on the playground before 8.35am for health and safety reasons.***

No children should be left unsupervised on the playground.

AFTER SCHOOL

Pick-Up: At the end of the day, children should be collected promptly at 3.15pm from the playground. ***Please note, however, that the last lesson of the day finishes at 3.10pm and parents/carers must remain outside the school premises until after this time, to allow children to return from the playing field or leave the playground.***

We would ask that parents/carers leave the playground as soon as possible after collection as the playground may be used at 3.15pm for an after-school club.

PEDESTRIAN SCHOOL GATE ACCESS

All gates into school must be closed at all times when children are on site. If you are entering or leaving school, please ensure you close all gates behind you in line with our health and safety and safeguarding policies.

ACCESS TO THE WOODLAND AREA

Please remember that access to the woodland area is not allowed outside normal school hours (before 9am and after 3.15pm). We would therefore be grateful if parents/carers could supervise children accordingly to ensure they do not enter the woodland area before and/or after school.

TRAFFIC MANAGEMENT OUTSIDE SCHOOL

Please do not park at the bottom of the school drive where the cones are; we have a visually impaired child who needs to be close to school. Please ensure all family members are aware if dropping off or collecting.

Parking on the yellow zigzags or white lines is not permitted under any circumstances.

We would remind all parents/carers to park respectfully and avoid blocking any gates/school entrance etc. Not only is this an important health and safety issue but villagers, who do not have children in the school, still need to be able to travel freely through the village at these peak times. We would be grateful for your cooperation in this matter.

MOBILE PHONES & CAMERAS



Please note that, in line with our Safeguarding & Child Protection Policies, the use of mobile phones and cameras is not allowed anywhere on the school premises, without the prior permission of the Headteacher. We would be grateful if this information could be communicated to any relatives/friends, who may come onto the school premises with your child.

PHOTOGRAPHY/VIDEO RECORDING

Whilst we want to allow you to record special moments in your children's lives e.g. participating in the Christmas concert, Sports Day, etc., we ask that you respect the wishes of other parents and our school policy, by not uploading any digital images or recordings on to the internet or other social media sites, from cameras and mobile phones, without other parents' permission.

GENERAL SCHOOL UPDATES

Please find detailed below general updates for your information. If you have any queries regarding any of the content below, please contact the school office.

Extended Schools' Activities

Extended Schools Activities will start on Monday 9 September 2024 and the activity flyer was emailed to all parents/carers who have opted into the text/email service.

Due to the tight turnaround, please ensure you book your child onto a club by the end of today (Friday 6 September) to help us complete and issue the registers to providers in time for Monday.

The activity lists will be emailed out to parents/carers on Monday morning. ***Please ensure you check these lists prior to the activities taking place to avoid any confusion over the times you need to collect your child from school. All children must be collected promptly at the end of each session.***

Please note that children will use their PE kit for all indoor clubs, including Supersports, and **no** other clothing should be brought into school.

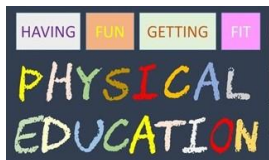
Children taking part in outdoor clubs ~ Cross Country, Football ~ can bring in additional sports clothing for these sessions only to ensure they are warm outside.

Payments

Please note there was an anomaly on the SchoolGateway system and some parents have paid £26.25 instead of £22.50 for Superports or Football sessions. Refunds will be paid through the system once the original payments have been cleared.

PE Sessions ~ Autumn Term

Our PE schedule for next term is listed below for your information:



- Class 1 - Monday ~ Football (Soccer Hub), Friday ~ FMS (Coach: Gerry)
- Class 2 - Monday ~ Football (Soccer Hub), Thursday ~ FMS (Coach: Gerry)
- Class 3 - Tuesday ~ Gymnastics (Kanga Sports), Friday ~ Swimming
- Class 4 - Tuesday ~ Gymnastics (Kanga Sports), Friday ~ Football (Coach: Gerry)

School Uniform

May we remind parents that the definitive school uniform list is available to view on the school website. It is important that children are wearing the correct uniform when representing the school.

Shoulder length hair and longer (boys and girls), must be tied back in accordance with our school policy.

We would be grateful if all parents could ensure that all items of clothing are also named.

School Photographs ~ Tuesday 10 September 2024

The photographer will be in school on Tuesday 10 September 2024 to take individual/family group (children only) photographs. A letter was emailed on Thursday 5 September with further information.

We would be grateful if you could ensure your child comes to school wearing full school uniform (including sweatshirt or cardigan) next Tuesday. No large or colourful hair accessories please!

Class 3 Swimming Lessons

Class 3 swimming lessons started today (Friday 6 September 2024) and a letter was emailed to all parents/carers of children on Wednesday 4 September.

The payment for the Class 3 Swimming lessons is available on SchoolGateway and the deadline for making a contribution is Friday 7 February 2024.

No child will be excluded if his or her parents/carers do not contribute, but if insufficient voluntary contributions are received, then this will place a strain on our tight school budget, reducing the number of additional opportunities and enhancements we can offer through the year.

Class 3 & Class 4 South Craven Cluster Cross Country Event ~ Tuesday 24 September 2024



Our first cluster sporting event will take place on Tuesday 24 September against local primary schools.

Letters were sent out yesterday and we would be grateful if the online form could be completed by Thursday 12 September 2024 to enable us to confirm the teams with South Craven School. Please encourage your child to take part as this is an event we all look forward to in the sporting calendar.

Welcome to the **Lothersdale SCHOOL OFFICE**

Telephone: 01535 632510
Email: lothersdale@ycatschools.co.uk

SCHOOL OFFICE TERM TIME HOURS

	Morning	Afternoon
Monday	8:00 – 12:15	1:15 – 4:00
Tuesday	8:00 – 12:15	1:15 – 4:00
Wednesday	8:00 – 12:15	1:15 – 4:00
Thursday	8:00 – 12:15	1:15 – 4:00
Friday*	CLOSED	CLOSED

Access into school (parents/carers/contractors/visitors) is via prior appointment only, in line with the school's Health & Safety and Child Protection Policies.

Please telephone the School Office during the hours listed to make an appointment to speak to a member of staff.

**Please note that Mrs Ellison is not in school on Fridays and emails will be checked on her return on Mondays. Urgent messages should be left on the school answer machine, which will be checked at intervals throughout the day.*

REMEMBER TO KEEP PUPIL CONTACT AND MEDICAL INFORMATION UP TO DATE!

Please refer to the Friday Newsletter and the school website prior to emailing or contacting school, as most of our day-to-day information can be located within these communication portals. The school website address is <https://www.lothersdaleschool.org.uk>

New Reception Bookbag and PE Bag

Thank you to those parents/carers of children in Class 1 who have already accessed their SchoolGateway account and paid for the bookbag and PE bag issued with the welcome pack in July. We would be grateful if full payment could be made by the deadline of Friday 20 September 2024. As we mentioned at the Welcome Evening, the school includes the bookbag and PE bag in the welcome pack but, sadly, we cannot provide these items free of charge.

If you have not yet managed to access your SchoolGateway account or are having issues with the initial set up, please email the school office as soon as possible for guidance.



SchoolGrid

It is important to remember that parents/carers are responsible for booking school lunches for children by 8.55am daily. The SchoolGrid system is linked directly to the kitchen and the cook will be cooking all pre-booked meals based on the number of meals on the system at 9:00am each day. Children with no assigned meals will therefore lose out on the lunch of their choice.

Payment for school meals (children in Years 3, 4, 5 & 6) must be paid via your child's SchoolGrid account.

Pupils on Packed Lunches

May we remind parents to ensure their child's pack up is clearly named and that it contains no nuts or foods containing nut ingredients. Many thanks.

Eligibility for Free School Meals

Free school meals are available for children whose parents meet the relevant criteria. If you are in receipt of one or more of the following benefits and think you may qualify, please either ask Mrs Ellison for an application form or use the application form available via www.northyorks.gov.uk/freeschoolmeals

The relevant criteria is based on receipt of:

- Universal Credit, (provided you have an annual net earned income of no more than £7,400, as assessed by earnings from up to three of your most recent assessment periods)
- Child Tax Credit, provided you are also not entitled to Working Tax Credit and have an annual household gross income that does not exceed £16,190 (as assessed by HMRC)
- Income Support
- Income-based Jobseeker's Allowance
- Income-related Employment and Support Allowance
- Support under Part 6 of the Immigration and Asylum Act 1999
- The guarantee element of Pension Credit
- A run-on of Working Tax Credit – paid for 4 weeks after you stop qualifying for Working Tax Credit

Where parents are entitled to working tax credit during a four week "run on" period immediately after their employment has ceased, or after they have started to work less than 16 hours per week, their children are entitled to free school meals.

Children who receive income support or income-based jobseeker's allowance in their own right are also entitled to free school meals.

Applications are usually processed the same day. If your child is entitled to free school meals you will receive a letter confirming the date when the meals will start. The school is also notified that your child is entitled to free school meals. In the meantime, you should continue to pay for free school meals until confirmation comes through. School may be able to arrange a reimbursement of any monies paid whilst your entitlement is being confirmed. If you are not entitled to free school meals you will be notified in writing.



Welcome to the LSA!

The LSA comprises all parents at Lothersdale School. The events and fundraising done by the LSA enable some fantastic experiences and improvements to the school equipment and facilities. With last year's fundraising we renovated the outside EYFS/Class 2 area, funded the school's resident poet/land artist, transport on school trips, and the year 6 leavers' disco and hoodies. We will share pictures of the EYFS area in the next few weeks when the project will be completed. We are really excited for how the new additions to this area will support learning, SEN & mental health, motor skills and construction, and a more enhanced link to nature.



*** Next LSA Meeting ~ Annual General Meeting *
Monday 9 September 2024**

It's the LSA Annual General Meeting in school at 7:30pm
on Monday, 9 September 2024.

We look forward to welcoming all parents/carers.

LSA Annual General Meeting

Our next meeting is on Monday 9 September at 7:30pm at school. At our annual meeting we review the fundraising from the previous year, plan future events, discuss future fundraising projects and nominate roles for the year ahead.

The LSA is a great way to get involved in the school community, be part of an amazing team and shape the fun events we hold for the children. Whether you have a little time, ideas to share, or skills to offer, we'd love to see you there and welcome members old and new. We'd like to invite any parent wishing to be included in the 2024-25 LSA What's App Group to let the team below know. We appreciate all of your help and support and look forward to another fabulous year ahead!

Meet your LSA Team:

Chair: Donna Laycock

Vice-Chair: Katie Wiggan

Secretary: Anna Chapman

Treasurer: Jen Lloyd

Grow a £1

At the end of the summer term, we held another hugely successful 'Grow a £1' initiative, which all pupils were invited to participate in. We were overwhelmed by how many children took part, and really enjoyed seeing the entrepreneurial spirit from the children. Thank you once again to Max & Eddie's parents, Williams Human Performance Health & Physio Clinic, for generously donating the initial £1 investment for each child. The total amount raised was a massive ***£2013.32***!

The winning team was Jamie and Beulah Cranham, who raised a very impressive £437.25 by holding a shop & raffle on Earby High Street and in the school playground. They are pleased to announce the winner of their raffle, which was a hair and beauty voucher, goes to Isla Platt. Jamie and Beulah were presented with the winning trophy at the end of term.

ASDA Funding

Between **now and 30 November 2024**, every time customers **shop with Asda using their Rewards app**, the supermarket will donate 0.5% of the value of their shop to Lothersdale primary school. And that's not all. For every customer who chooses our school, Asda will put £1 into our school's Cashpot, and another £50 when our school's first opted-in customer spends in-store or online!

This is money for nothing, so we'd like to ask that as many of you as possible do as many shops at ASDA as you can between now and 30 November. It's really easy to set up – just download the ASDA Rewards app and select Lothersdale as your chosen school in the 'Cashpot for Schools' section. (Even if you do no shops at all, simply by downloading the app and choosing Lothersdale, we get £1.) Thank you!

We have attached a poster below for your information.

INTRODUCING CASHPOT FOR SCHOOLS

Download and opt-in with Asda Rewards
and we will donate **££s** to schools.

**CASHPOT
FOR
SCHOOLS**



With
Parentkind

HERE'S HOW:

- 1** Download the Asda Rewards app and opt-in to Cashpot for Schools.
- 2** Choose your primary school
- 3** Shop in-store across Asda & George, and scan your Asda Rewards app at the checkout.
- 4** Shopping online?
Simply log in to Asda.com using the same details as your Asda Rewards account.
- 5** We'll do the rest!
We donate ££s to your chosen school every time you shop, so they can spend it on exactly what they need.



Selected stores. Minimum spend £2+. Exclusions apply including Asda Express & George.com. Subject to availability. UK 18+. App & Opt in required.
0.5% of the value of a customer's eligible shop is donated. Publicly funded primary schools, must register with Parentkind charity 1072833.
Full T&Cs at asda.com/cashpotforschools. Rewards T&Cs at asda.com/rewards/terms. Ends 30.11.24

COMMUNITY NOTICEBOARD

We are delighted to be able to promote community events in our Friday News that may be of interest to our families and friends. If you would like us to promote a local event, please pass the details to the school office by Wednesday to be included in the Friday News of that week.



LittleVoices
Drama & Singing Lessons of Distinction



SKIPTON

Did you know we hold regular lessons on Mondays at Skipton Town Hall for ages 4 - 18?



COME ALONG FOR A FREE TRIAL LESSON ON MONDAY 9TH SEPTEMBER!



For more information and to save your spot, scan here:

@little_voices_elcwh
/littlevoiceselcwh
www.littlevoices.org.uk



WILD EXPLORERS

Wild Explorers
Where nature, fun and adventure collide!
A child-led, fun and nurturing holiday club set in beautiful woodland on the Broughton Estate.

Price
£35 per child per day
Childcare vouchers accepted

Age
Reception - Age 13

October Half Term Holiday Club
23rd - 25th October & 28th October - 1st November
Birthday parties also available year round email us for more info

We are an OFSTED registered outdoor holiday club where children can play, enjoy a campfire, woodland crafts, tools and much more!

Time
9.30am - 3.30pm

Location
Broughton Hall Estate

hello@wildexplorers.org.uk
www.wildexplorers.org.uk

Back to Hockey!!

Sunday 8th September 2024,
10am -12pm
Oakbank School, Keighley, BD22 7DS
(access the pitch from the Oakworth Road entrance)

Come along and join us for a free training session. Whether you are new to the sport or a returning player, we invite you to take part

All ages and abilities are catered for. Register by using the QR code

Email Enquiries To: membership@airevalleyhockey.club



10 Top Tips for Parents and Educators SUPPORTING CHILDREN GOING BACK TO SCHOOL

Change can be hard for children to manage. Going back to school after a long summer break might cause them to feel uncertain about their friendships, school routines and relationships with new teachers. However, trusted adults play an important role in providing both practical and emotional support.

1 LEARN WHAT EQUIPMENT YOU NEED

Figure out a list of all equipment needed for the start of the school year, so you can comfortably get your hands on the necessary items in time. If children have any financial issues and receive free school meals, the school may be able to provide some monetary aid or offer other support.



2 COMMUNICATE WITH THE SCHOOL

If you notice that a child is feeling anxious about a change of teacher or school, arranging a one-to-one meeting with their new teacher can be a good way to alleviate some of the anxiety. Just knowing that they understand the child's worries and will be able to help them if the need arises can build the foundations of a good working relationship. Knowing that you can contact them with any queries can also be reassuring.



3 CHECK THE SCHOOL WEBSITE

There will be plenty of information about the start of term on the school's website to keep you updated. Furthermore, you should be able to find other useful information such as contact details for staff, important school equipment, clubs, and news about any special events on the school calendar for the year. It could be helpful to look through this with children for anything which might reassure them.



4 HELP TO MANAGE FRIENDSHIPS

If a child is feeling anxious about making new friends – especially if they're moving up to secondary school – it can be a good idea to remind them of what they could do or say when meeting new classmates. Investigating the extracurricular activities available could be a good way to open a conversation about their hobbies and pastimes, and joining such clubs could allow new friendships to be built on this mutual interest.



5 PLAN SELF-CARE

Talking to children about how they can manage their self-care can be an effective way of helping them understand its importance. This might involve playing a computer game they love with friends, a weekly visit to the library, getting to bed at the same time each night, or a range of other activities that support their wellbeing and provide the familiarity and safety of a routine that works for them.



6 MANAGE TRICKY FEELINGS

Explain that it's okay to have difficult feelings around returning to school. This can help reduce any shame or embarrassment a child might be feeling over these emotions. Emphasise that other children – even some of the teachers – will be feeling the same way. Consider practical ways to manage these feelings and help children feel more in control of their emotions. Some examples include fidget toys, breathing exercises or a notepad for doodling.



7 SECURE A SCHOOL UNIFORM

Parents and carers should try to buy a child's uniform for the new academic year well in advance of the new term (although allowing for potential holiday growth spurts) and give them time to adapt to any changes. Make sure they can comfortably change into and out of it for PE lessons. Double check the requirements for PE on the school's website, as some schools will also have requirements for PE kits.



8 PREPARE FOR TRANSITION DAYS

Ensuring that children attend transition days is a vital step in preparing for the new year. Some schools also have transition evenings for parents and carers to attend, offering extra opportunities to reach out for any additional support.



9 READ THE MENTAL HEALTH POLICY

If a young person struggles with their mental health, it's important to understand their school's mental health policy and provision to know what support is available. This should be on the school's website. A range of aid is typically on offer – from individual timetable amendments to group sessions on emotional wellbeing. You can then discuss these options with the child to reassure them that help is there if they need it.



10 LEARN ABOUT SEN SUPPORT

If a child has SEN and receives help in school, try to confirm exactly what support is available, to ensure they'll be having their needs met. If they're moving up to secondary school, it's a good idea to meet with the SENCO to ensure that all teachers receive the most relevant, up-to-date information about the child's needs and have a contact to liaise with if these change over time.



Meet Our Expert

Amy Sayer is a freelance mental health trainer for schools, an author and a content writer. She is an Associate for Diverse Educators, a fellow of the Chartered College of Teaching and ITT wellbeing coach. Amy has previously been a SMHL coach, helping many different settings audit their mental health provision and support them to create and implement a strategic plan based on the specific needs of each setting.



#WakeUpWednesday

The National College

Source: See full reference list on guide page at: <https://nationalcollege.com/guides/supporting-children-going-back-to-school>

@wake_up_weds

/www.thenationalcollege

@wake.up.wednesday

@wake.up.weds

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 04.09.2024



Lothersdale
Primary School



a Yorkshire Collaborative Academy Trust School



ensuring all pupils
achieve their
full potential